TekJeep Glovebox Trail & Maintenance Quick-Check

Free printable reference | tekjeep.com/tools/trail-checklist | Always verify torque specs in your service manual

My Jeep: _____ **Tire Size:** _____ **Street / Trail PSI:** _____

Lug Nut Torque Spec (verify manual): _____ ft-lbs | Last Oil Change (Date / Miles): _____

1. Pre-Trail Walk-Around

- ☐ Check engine oil, coolant, brake & power steering fluid
- ☐ Inspect lug nuts, track bar & steering tie-rod ends
- ☐ Check tire sidewalls, tread & full-size spare pressure
- ☐ Test 4Hi / 4Lo engagement before leaving pavement
- ☐ Verify headlights, brake lights & winch line condition
- ☐ Confirm battery terminals are tight & clean

2. Air-Down & Tire Gear

- ☐ Tire deflators (e.g. Staun or core-removal tool)
- ☐ Accurate digital or analog low-range tire gauge
- ☐ Portable 12V compressor (test clamps & fuse)
- ☐ Tire plug / patch repair kit + valve cores & caps
- ☐ Bottle jack + sturdy wood base plate
- ☐ 4-way or breaker bar + exact lug socket

3. Recovery & Safety

- ☐ Kinetic recovery rope or rated recovery strap (no hooks)
- ☐ Two rated soft shackles or bow shackles
- ☐ Tree saver strap + heavy leather work gloves
- ☐ Winch line damper / blanket (if winch-equipped)
- ☐ First aid kit, fire extinguisher & headlamp
- ☐ Foldable shovel + traction boards (sand/snow/mud)

4. Glovebox Tools & Spares

- ☐ Metric & SAE socket set + Torx bits (T40 / T50 / T55)
- ☐ Zip ties, duct tape, bailing wire & spare fuses
- ☐ 10W flashlight + extra batteries or jump starter
- ☐ Rags / shop towels + hand cleaner
- ☐ Spare serpentine belt & quart of engine oil
- ☐ Tow hitch pin & rated receiver shackle

5. Routine Maintenance Intervals

- ☐ Oil & filter: check owner manual / every ~5,000 mi
- ☐ 5-tire rotation: every 5,000–6,000 mi (keeps spare matched)
- ☐ Diff fluid check: after deep water crossings
- ☐ Ball joints, U-joints & track bar bolts: before trips
- ☐ Air filter & cabin filter: after dusty trail weekends
- ☐ Torque check: 50–100 mi after any wheel or lift install

6. Air-Up & Post-Trail Log

- ☐ Re-inflate all 4 tires + check spare before highway
- ☐ Clear mud from brake rotors, calipers & radiator
- ☐ Listen for new clunks, pulls, or steering shimmy
- ☐ Re-pack recovery bag so wet straps dry out at home

Trail Notes, Trailhead Contacts & Emergency Info

TekJeep AI · Not a licensed mechanic · Verify specs in manual